



*O God,
Come to my assistance;
O Lord make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.
(Entrance antiphon, Psalm 70)*

***Eighteenth Sunday in Ordinary Time
August 1, 2021***

Prayer to St. Joseph

*Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary.
To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became Man.
Blessed Joseph, to us too,
show yourself as a father and guide us in the path of life.
(Keep us safe in times of pandemic, darkness and strife.)
Obtain for us grace, mercy, and courage, and defend us from every evil.
Amen.*

Gathering Hymn:

“All Who Hunger Gather Gladly”



1. All who hun - ger, gath - er glad - ly;
2. All who hun - ger, nev - er stran - gers,
3. All who hun - ger, sing to - geth - er;



Ho - ly man - na is our bread. Come from wil - der -
Seek - er, be a wel - come guest. Come from rest - less -
Je - sus Christ is liv - ing bread. Come from lone - li -



ness and wan - d'ring. Here, in truth, we will be fed.
ness and roam - ing. Here, in joy, we keep the feast.
ness and long - ing. Here, in peace, we have been led.



You that yearn for days of full - ness,
We that once were lost and scat - tered
Blest are those who from this ta - ble



All a - round us is our food. Taste and see the
In com - mun - ion's love have stood. Taste and see the
Live their days in grat - i - tude. Taste and see the



grace e - ter - nal. Taste and see that God is good.
grace e - ter - nal. Taste and see that God is good.
grace e - ter - nal. Taste and see that God is good.

Glory to God in the highest,

and on earth peace to people of good will.

We praise you,

we bless you,

we adore you,

we glorify you,

we give you thanks for your great glory,

Lord God, heavenly King,

O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us;

you take away the sins of the world,

receive our prayer;

you are seated at the right hand of the Father,

have mercy on us.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High,

Jesus Christ,

with the Holy Spirit,

in the glory of God the Father.

Amen.

+THE LITURGY OF THE WORD+

First Reading:

Exodus 16:2-4, 12-15

The whole Israelite community grumbled against Moses and Aaron.

The Israelites said to them,

“Would that we had died at the LORD’s hand in the land of Egypt,
as we sat by our fleshpots and ate our fill of bread!

But you had to lead us into this desert
to make the whole community die of famine!”

Then the LORD said to Moses,

“I will now rain down bread from heaven for you.

Each day the people are to go out and gather their daily portion;
thus will I test them,

to see whether they follow my instructions or not.

“I have heard the grumbling of the Israelites.

Tell them: In the evening twilight you shall eat flesh,
and in the morning you shall have your fill of bread,
so that you may know that I, the LORD, am your God.”

In the evening quail came up and covered the camp.

In the morning a dew lay all about the camp,
and when the dew evaporated, there on the surface of the desert
were fine flakes like hoarfrost on the ground.

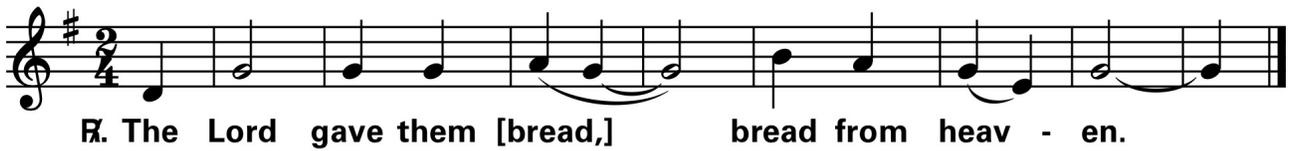
On seeing it, the Israelites asked one another, “What is this?”
for they did not know what it was.

But Moses told them,

“This is the bread that the LORD has given you to eat.”

Responsorial Psalm:

Psalm 78:3-4, 23-24, 25, 54



Text © 1969, 1981, 1997, ICEL. All rights reserved. Used with permission.
Music: Owen Alstott, © 1977, 1990, OCP. All rights reserved.

Second Reading:

Ephesians 4:17, 20-24

Brothers and sisters:

I declare and testify in the Lord
that you must no longer live as the Gentiles do,
in the futility of their minds;
that is not how you learned Christ,
assuming that you have heard of him and were taught in him,
as truth is in Jesus,
that you should put away the old self of your former way of life,
corrupted through deceitful desires,
and be renewed in the spirit of your minds,
and put on the new self,
created in God's way in righteousness and holiness of truth.

The Holy Gospel:

John 6:24-35

When the crowd saw that neither Jesus nor his disciples were there,
they themselves got into boats
and came to Capernaum looking for Jesus.
And when they found him across the sea they said to him,
“Rabbi, when did you get here?”
Jesus answered them and said,
“Amen, amen, I say to you,
you are looking for me not because you saw signs
but because you ate the loaves and were filled. Do not work for food that perishes
but for the food that endures for eternal life,
which the Son of Man will give you.
For on him the Father, God, has set his seal.”
So they said to him,
“What can we do to accomplish the works of God?”
Jesus answered and said to them,
“This is the work of God, that you believe in the one he sent.”
So they said to him,
“What sign can you do, that we may see and believe in you?
What can you do?
Our ancestors ate manna in the desert, as it is written:
He gave them bread from heaven to eat.”
So Jesus said to them,
“Amen, amen, I say to you,
it was not Moses who gave the bread from heaven;
my Father gives you the true bread from heaven.
For the bread of God is that which comes down from heaven
and gives life to the world.”
So they said to him,
“Sir, give us this bread always.”
Jesus said to them,
“I am the bread of life;
whoever comes to me will never hunger,
and whoever believes in me will never thirst.”

The Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen

Preparation of the Gifts:

“Father, We Thank You, Who Have Planted”



1. Fa - ther, we thank you, who have plant - ed
2. Watch o'er your Church, O Lord, in mer - cy,



Your ho - ly name with - in our hearts.
Save it from e - vil, guard it still;



Knowl - edge and faith and life im - mor - tal
Per - fect it in your love, u - nite it,



Je - sus your Son to us im - parts.
Cleansed and con - formed un - to your will.



Lord, you have made all for your pleas - ure,
As grain, once scat - tered on the hill - sides,



And giv'n us food for all our days,
Was in this bro - ken bread made one,



Giv - ing in Christ the bread e - ter - nal;
So from all lands your Church be gath - ered



Yours is the pow'r, yours be the praise.
In - to your king - dom by your Son.

Eucharistic Acclamations:

Ho - ly, Ho - ly, Ho - ly Lord God of hosts.
 Heav-en and earth are full of your glo - ry. Ho - san - na in the
 high - est. Bless - ed is he who comes in the name of the
 Lord. Ho - san - na in the high - est.

Text © 2010, ICEL

Jan M. Vermulst, 1925–1994
 Adapt. by Richard Proulx, 1937–2010
 Music © 1970, 2010, WLP

When we eat this Bread and drink this Cup, we pro-claim your
 Death, O Lord, un - til you come a - gain.

Text © 2010, ICEL

David Kraehenbuehl, 1923–1997
 Music © 1970, 1973, 2011, WLP

A - men, a - men, a - men.

Lamb of God:

Cantor or Choir: *Lamb of God, you take a-way the sins of the world,
All: have mer-cy on us. grant us peace.

To repeat | *Last time*

Communion Hymn:

“I Am the Bread of Life”

1. I am the Bread of life.
You who come to me shall not hunger;
and who believe in me shall not thirst.
No one can come to me
unless the Father beckons.

***And I will raise you up,
and I will raise you up,
and I will raise you up on the last day.***

2. The bread that I will give
is my flesh for the life of the world,
and if you eat of this bread,
you shall live for ever,
you shall live for ever.

3. Unless you eat
of the flesh of the Son of Man
and drink of his blood,
and drink of his blood,
you shall not have life within you.

4. I am the Resurrection,
I am the life.
If you believe in me,
even though you die,
you shall live for ever.

5. Yes, Lord, we believe
that you are the Christ,
the Son of God,
Who has come
into the world.

Text: John 6 and 11; Suzanne Toolan, RSM, b.1927; tr. by anon., rev. By Ronald F. Krisman, b.1946,

© 1966, 1970, 1986, 1993, 2005, GIA Publications, Inc.

ACT OF SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love you above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally

Come at least spiritually into my heart.

I embrace You as if You were already there

And unite myself wholly to You.

Never permit me to be separated from You.

Amen.

PRAYER TO ST. MICHAEL THE ARCHANGEL

St. Michael the Archangel, defend us in battle.

Be our protection against the wickedness and snares of the devil.

May God rebuke him, we humbly pray;

And do thou, O Prince of the Heavenly Host,

By the power of God,

Cast into hell Satan and all the evil spirits

Who prowl about the world seeking the ruin of souls.

Amen.

Sending:

“Joyful, Joyful We Adore You”

HYMN TO JOY



1. Joy - ful, joy - ful, we a - dore you, God of glo - ry,
2. All your works with joy sur - round you, Earth and heav'n re -
3. Al - ways giv - ing and for - giv - ing, Ev - er bless - ing,
4. Mor - tals, join the might - y cho - rus Which the morn - ing



1. Lord of love; Hearts un - fold like flow'rs be - fore you,
2. flect your rays, Stars and an - gels sing a - round you,
3. ev - er blest, Well - spring of the joy of liv - ing,
4. stars be - gan; Love di - vine is reign - ing o'er us,



1. O - p'ning to the sun a - bove. Melt the clouds of
2. Cen - ter of un - bro - ken praise; Field and for - est,
3. O - cean depth of hap - py rest! Lov - ing Fa - ther,
4. Bind - ing all with - in its span. Ev - er sing - ing,



1. sin and sad - ness; Drive the dark of doubt a - way;
2. vale and moun - tain, Flow - 'ry mead - ow, flash - ing sea,
3. Christ our broth - er, Let your light up - on us shine;
4. march we on - ward, Vic - tors in the midst of strife;



1. Giv - er of im - mor - tal glad - ness, Fill us with the light of day!
2. Chant - ing bird and flow - ing foun - tain, Prais - ing you e - ter - nal - ly!
3. Teach us how to love each oth - er, Lift us to the joy di - vine.
4. Joy - ful mu - sic leads us sun - ward, In the tri - umph song of life.

Text: 87 87 D; Henry van Dyke, 1852–1933, alt.
Music: Ludwig van Beethoven, 1770–1827; adapt. by Edward Hodges, 1796–1867.

*All music reprinted with permission under
One License.net #A-728164*

Lectonary for Mass for Use in the Dioceses of the United States, second typical edition, Copyright © 2001, 1998, 1997, 1986, 1970 Confraternity of Christian Doctrine; Psalm refrain © 1968, 1981, 1997, International Committee on English in the Liturgy, Inc. All rights reserved. Neither this work nor any part of it may be reproduced, distributed, performed or displayed in any medium, including electronic or digital, without permission in writing from the copyright owner.