

SPRINKLE KINDNESS DURING THIS CHRISTMAS ADVENT SEASON WITH THESE...

25 Acts of Kindness



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Tell people how much they mean to you.
Help somebody without being asked.	Donate canned goods to a local food shelter.	Write inspirational messages on postits and stick them around your house or town.	Have your kids write a note to their grandparents about their favorite memories with them.	Rake leaves or shovel snow for a neighbor!	If you are in a drive- thru line, pay it forward and purchase the coffee (or burger) for the car behind you.	8 Load groceries into someone's car or offer to return their cart.
9 Become a volunteer for a local non-profit, hospital, etc.	Say hello to someone new at Mass.	11 Leave a surprise for your mail carrier.	Make a donation of magazines/can tabs or other to the Ronald McDonald House.	Hug someone and tell them how special they are.	Pick up garbage when you see it. It seems small, but it makes the world a little prettier.	Wave and smile to other people while driving!
Spend family time doing an activity the whole family enjoys.	Simply say "please" and "thank you" with eye contact and a smile to everyone you meet.	Take goodies to the local police station to thank them for their service!	Prepare or buy a meal for a neighbor.	Thank a teacher or co-worker with a small gift.	Run an errand for a friend or neighbor.	Plan a movie night- buy a movie ticket for the person behind you in line
Bring pet supplies to a local animal shelter. Stay to pet and cuddle the animals!	Pray for those who are sick and for those who are not with their families during the Christmas season.	25 - Christmas Day Celebrate the birth of Our Savior and remember to be kind every day of the year!	TENDER	RHEARTED, F d for Christ's sa	One to another, ORGIVING on the hath FORG	e another,

