



*My eyes are always on the Lord,  
for he rescues my feet from the snare.  
Turn to me and have mercy on me,  
for I am alone and poor.*

(Psalm 25)

**Third Sunday of Lent  
March 23, 2025**

# Gathering Hymn:

# "The Cross of Jesus"



1. Come, O God, re - new your peo - ple,  
 2. Deep with - in cre - ate a new heart;  
 3. In the dark - ness that sur - rounds us  
 4. Call us forth to walk in jus - tice;



We who long to see your face.  
 Melt a - way the win - ter chill.  
 We have lost you from our sight.  
 Res - cue us from sin and grave.



Strength - en hearts that have grown fee - ble;  
 Help us now to make a new start;  
 E - ven though your love has found us,  
 Through the pow - er of your Spir - it,



Fill our lives with truth and grace.  
 Help us now to know your will.  
 We em - brace the powers of night.  
 Breathe in us the breath that saves.



On - ly you can win our free - dom;  
 Washed in wa - ters of for - give - ness,  
 Scat - ter now our deep - est dark - ness;  
 Strength - en us in our com - mun - ion,



On - ly you can bring us peace.  
 Cleansed in wa - ters of new birth,  
 Guide our hearts in - to the light.  
 One in Word and cup and bread.



On - ly in the cross of Je - sus  
 Lead us to the cross of Je - sus,  
 Join us to the cross of Je - sus.  
 Here with - in the cross of Je - sus



Will the cap - tives find re - lease.  
 Bring - ing life to all the earth.  
 Help us set our liv - ing right.  
 All who hun - ger will be fed.

**+THE LITURGY OF THE WORD+**

**First Reading:**

**Exodus 17:3-7**

In those days, in their thirst for water,  
the people grumbled against Moses,  
saying, "Why did you ever make us leave Egypt?  
Was it just to have us die here of thirst  
with our children and our livestock?"  
So Moses cried out to the LORD,  
"What shall I do with this people?  
a little more and they will stone me!"  
The LORD answered Moses,  
"Go over there in front of the people,  
along with some of the elders of Israel,  
holding in your hand, as you go,  
the staff with which you struck the river.  
I will be standing there in front of you on the rock in Horeb.  
Strike the rock, and the water will flow from it  
for the people to drink."  
This Moses did, in the presence of the elders of Israel.  
The place was called Massah and Meribah,  
because the Israelites quarreled there  
and tested the LORD, saying,  
"Is the LORD in our midst or not?"

**Responsorial Psalm:**

**Psalm 95:1-2, 6-7, 8-9**



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## Second Reading:

Romans 5:1-2, 5-8

Brothers and sisters:

Since we have been justified by faith,  
we have peace with God through our Lord Jesus Christ,  
through whom we have gained access by faith  
to this grace in which we stand,  
and we boast in hope of the glory of God.

And hope does not disappoint,  
because the love of God has been poured out into our hearts  
through the Holy Spirit who has been given to us.  
For Christ, while we were still helpless,  
died at the appointed time for the ungodly.  
Indeed, only with difficulty does one die for a just person,  
though perhaps for a good person one might even find courage to die.  
But God proves his love for us  
in that while we were still sinners Christ died for us.

## The Holy Gospel:

John 4:5-42

Jesus came to a town of Samaria called Sychar,  
near the plot of land that Jacob had given to his son Joseph.  
Jacob's well was there.  
Jesus, tired from his journey, sat down there at the well.  
It was about noon.

A woman of Samaria came to draw water.  
Jesus said to her,  
"Give me a drink."  
His disciples had gone into the town to buy food.  
The Samaritan woman said to him,  
"How can you, a Jew, ask me, a Samaritan woman, for a drink?"  
—For Jews use nothing in common with Samaritans.— *(Continued)*

Jesus answered and said to her,  
"If you knew the gift of God  
and who is saying to you, 'Give me a drink,'  
you would have asked him  
and he would have given you living water."  
The woman said to him,  
"Sir, you do not even have a bucket and the cistern is deep;  
where then can you get this living water?  
Are you greater than our father Jacob,  
who gave us this cistern and drank from it himself  
with his children and his flocks?"  
Jesus answered and said to her,  
"Everyone who drinks this water will be thirsty again;  
but whoever drinks the water I shall give will never thirst;  
the water I shall give will become in him  
a spring of water welling up to eternal life."  
The woman said to him,  
"Sir, give me this water, so that I may not be thirsty  
or have to keep coming here to draw water."

Jesus said to her,  
"Go call your husband and come back."  
The woman answered and said to him,  
"I do not have a husband."  
Jesus answered her,  
"You are right in saying, 'I do not have a husband.'  
For you have had five husbands,  
and the one you have now is not your husband.  
What you have said is true."  
The woman said to him,  
"Sir, I can see that you are a prophet.  
Our ancestors worshiped on this mountain;  
but you people say that the place to worship is in Jerusalem."  
Jesus said to her,  
"Believe me, woman, the hour is coming  
when you will worship the Father  
neither on this mountain nor in Jerusalem.  
You people worship what you do not understand;  
we worship what we understand,  
because salvation is from the Jews. *(Continued)*

But the hour is coming, and is now here,  
when true worshipers will worship the Father in Spirit and truth;  
and indeed the Father seeks such people to worship him.

God is Spirit, and those who worship him  
must worship in Spirit and truth.”

The woman said to him,

“I know that the Messiah is coming, the one called the Christ;  
when he comes, he will tell us everything.”

Jesus said to her,

“I am he, the one speaking with you.”

At that moment his disciples returned,  
and were amazed that he was talking with a woman,  
but still no one said, “What are you looking for?”  
or “Why are you talking with her?”

The woman left her water jar

and went into the town and said to the people,  
“Come see a man who told me everything I have done.  
Could he possibly be the Christ?”

They went out of the town and came to him.

Meanwhile, the disciples urged him, “Rabbi, eat.”

But he said to them,

“I have food to eat of which you do not know.”

*(Continued)*

So the disciples said to one another,  
“Could someone have brought him something to eat?”  
Jesus said to them,  
“My food is to do the will of the one who sent me  
and to finish his work.  
Do you not say, ‘In four months the harvest will be here’?  
I tell you, look up and see the fields ripe for the harvest.  
The reaper is already receiving payment  
and gathering crops for eternal life,  
so that the sower and reaper can rejoice together.  
For here the saying is verified that ‘One sows and another reaps.’  
I sent you to reap what you have not worked for;  
others have done the work,  
and you are sharing the fruits of their work.” Many of the Samaritans of that town began to  
believe in him  
because of the word of the woman who testified,  
“He told me everything I have done.”  
When the Samaritans came to him,  
they invited him to stay with them;  
and he stayed there two days.  
Many more began to believe in him because of his word,  
and they said to the woman,  
“We no longer believe because of your word;  
for we have heard for ourselves,  
and we know that this is truly the savior of the world.”

## The Nicene Creed

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.

God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.

He ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen



## Preparation of the Gifts:

## "I Heard the Voice of Jesus Say"



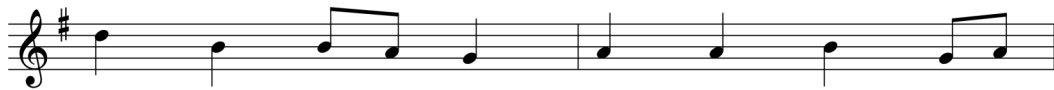
1. I heard the voice of Je - sus say, "Come  
2. I heard the voice of Je - sus say, "Be -  
3. I heard the voice of Je - sus say, "I



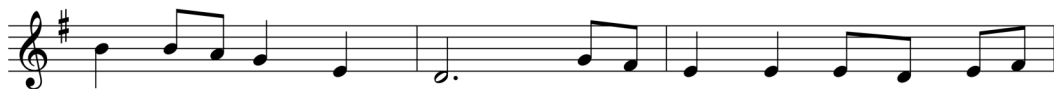
un - to me and rest; Lay down, O wea - ry  
hold, I free - ly give The liv - ing wa - ter;  
am this dark world's light; Look un - to me, your



one, lay down Your head up - on my breast." I  
thirst - y one, Stoop down and drink and live." I  
morn shall rise, And all your day be bright." I



came to Je - sus as I was, So  
came to Je - sus, and I drank Of  
looked to Je - sus, and I found In



wea - ry, worn, and sad; I found in him a  
that life - giv - ing stream; My thirst was quenched, my  
him my star, my sun; And in that light of



rest - ing place, And he has made me glad.  
soul re - vived, And now I live in him.  
life I'll walk Till trav - 'ling days are done.

Communion Hymn:

“Bread of Life, Cup of Blessing” (Dufner)

Refrain



Bread of life, cup of bless-ing, gift of Christ the Lord!



Be the Bod-y you re-ceive now, bro-ken for the world.

Verses



1. This	is	why	I	came:	that	you	might	have
2. You	did	not	choose	me;	ra -	ther,	I	chose
3. Live	on	in	my	love;	all	who	live	in
4. <u>Do</u>	not	be	a -	fraid;	I	am	with	you
5. I	have	told	you	this	that	you	may	have
6. Do	you	un -	der -	stand?	I	who	am	your
7. Do	you	un -	der -	stand?	Just	as	I	have



life,	and	have	it	to	the	full.
you	to	go	and	bear	good	fruit.
me	will	bear	a -	bun -	dant	fruit.
<u>now</u>	and	till	the	end	of	time.
joy	and	have	it	to	the	full.
Lord	have	knelt	and	washed	your	feet.
done,	so	al -	so	you	must	do.

D.C.

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**ACT OF SPIRITUAL COMMUNION**

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love you above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally

Come at least spiritually into my heart.

I embrace You as if You were already there

And unite myself wholly to You.

Never permit me to be separated from You. Amen.

**Sending:**

**“God of the Hungry” (Soper)**



1. God of all the hun-gry mil-lions, God who suf-fers with the  
2. God who trav - els with the strang-er, greet-ed by our ap - a -  
3. God who loves the sick, the dy - ing, they are pre-cious in your



1. poor, still our greed keeps us from shar - ing with the hun-gry  
2. thy, teach us to em-brace all peo - ple; all can live with  
3. sight; we will bring them your com-pas-sion, fill their liv - ing



1. at our door. All who thirst will thirst no long - er when we  
2. dig - ni - ty. You have bid us clothe the na - ked, bring-ing  
3. with your light. God who brings the cap - tive free-dom, free our



1. do as you would do. May we care for all your  
2. hope in all we do. May we wel - come all your  
3. hearts to love a - new. May we com - fort all your



1-3. peo - ple; help us know that they are you.

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